

Ergebnisliste Volksduathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
1	1	Hannawald, Finn Lauf1 = 00:09:18 (1) - Rad = 00:31:19 (7) - Lauf2 = 00:19:22 (3)	00	1. Triathlon Club Oldenbu	mJun	1	59:59
2	2	Siedlitzki, Christian Lauf1 = 00:09:22 (4) - Rad = 00:31:14 (6) - Lauf2 = 00:19:31 (5)	65	Leichtathletikverein (LAV	TM50	1	1:00:07
3	3	Beckemper, Marvin Lauf1 = 00:09:58 (10) - Rad = 00:31:05 (5) - Lauf2 = 00:19:28 (4)	98	Leichtathletik Club Nordh	TM20	1	1:00:31
4	4	Waschkau, Jan Lauf1 = 00:09:18 (2) - Rad = 00:32:22 (16) - Lauf2 = 00:18:54 (1)	77	TuS Weene e.V.	TM40	1	1:00:34
5	5	Meenken, Janno Lauf1 = 00:09:57 (8) - Rad = 00:31:03 (4) - Lauf2 = 00:20:25 (9)	94	DSC Oldenburg e.V.	TM20	2	1:01:25
6	6	Rath, Marcel Lauf1 = 00:09:58 (11) - Rad = 00:31:35 (9) - Lauf2 = 00:20:23 (8)	82	HT16 Triathlon Team Hambu	TM35	1	1:01:56
7	7	Gödiker, Magnus Lauf1 = 00:09:20 (3) - Rad = 00:33:34 (21) - Lauf2 = 00:19:07 (2)	74		TM40	2	1:02:01
8	8	Deyen, Stefan Lauf1 = 00:09:31 (5) - Rad = 00:32:10 (14) - Lauf2 = 00:20:29 (10)	81	SV Hansa Friesoythe Tri F	TM35	2	1:02:10
9	9	Kempf, Robert Lauf1 = 00:10:13 (15) - Rad = 00:31:57 (12) - Lauf2 = 00:20:57 (11)	70	SV Gladbeck 13 e.V.	TM45	1	1:03:07
10	10	Isendahl, Jan Lauf1 = 00:09:43 (7) - Rad = 00:33:48 (23) - Lauf2 = 00:19:38 (6)	89	Die drei Fragezeichen	TM25	1	1:03:09
11	11	Beckemper, Ingo Lauf1 = 00:10:37 (18) - Rad = 00:31:29 (8) - Lauf2 = 00:21:48 (14)	68	Leichtathletik Club Nordh	TM50	2	1:03:54
12	12	Szech, Manuel Lauf1 = 00:11:07 (32) - Rad = 00:30:14 (3) - Lauf2 = 00:23:25 (30)	85	LP-Racing Team	TM30	1	1:04:46
13	13	Biermann, Kai Lauf1 = 00:09:42 (6) - Rad = 00:33:57 (25) - Lauf2 = 00:21:11 (12)	88	TuS Weene e.V.	TM30	2	1:04:50
14	14	Steinbrück, Eike Lauf1 = 00:09:58 (12) - Rad = 00:32:11 (15) - Lauf2 = 00:23:09 (27)	79	1. Triathlon Club Oldenbu	TM35	3	1:05:18
15	15	Volkens, Knut Lauf1 = 00:10:45 (23) - Rad = 00:32:40 (18) - Lauf2 = 00:22:12 (16)	88	1. Triathlon Club Oldenbu	TM30	3	1:05:37
16	16	Siemer, Falk Lauf1 = 00:09:57 (9) - Rad = 00:35:44 (49) - Lauf2 = 00:20:09 (7)	00	VfL Lönigen	mJun	2	1:05:50
17	17	Hasselhorn, Hendrik Lauf1 = 00:10:34 (17) - Rad = 00:32:27 (17) - Lauf2 = 00:23:42 (35)	90	Sportfreunde Littel-Charl	TM25	2	1:06:43
18	18	Wollering, Thorsten Lauf1 = 00:11:03 (30) - Rad = 00:33:35 (22) - Lauf2 = 00:22:20 (19)	72	Sportverein Grün-Weiss M	TM45	2	1:06:58
19	1	Günthner, Antje Lauf1 = 00:10:22 (16) - Rad = 00:34:29 (30) - Lauf2 = 00:22:15 (17)	75	1. Triathlon Club Oldenbu	TW40	1	1:07:06
20	19	Pancratz, Tobias Lauf1 = 00:10:40 (19) - Rad = 00:34:26 (29) - Lauf2 = 00:22:30 (22)	85	SV Hansa Friesoythe Tri-F	TM30	4	1:07:36
21	20	Bittner, Thorsten Lauf1 = 00:11:35 (44) - Rad = 00:31:45 (10) - Lauf2 = 00:24:16 (44)	66	TSG 7 Burg Gretesch	TM50	3	1:07:36
22	21	Pfahl, Lukas Lauf1 = 00:11:46 (53) - Rad = 00:33:51 (24) - Lauf2 = 00:21:59 (15)	86	Eintracht Frankfurt e.V.	TM30	5	1:07:36
23	22	Echterling, Luca Lauf1 = 00:10:06 (13) - Rad = 00:35:44 (50) - Lauf2 = 00:21:47 (13)	94		TM20	3	1:07:37
24	23	Gerdelmann, Dirk Lauf1 = 00:10:52 (27) - Rad = 00:34:33 (32) - Lauf2 = 00:22:32 (24)	79	TuS Haren Leichtathletik	TM35	4	1:07:57
25	24	Koch, Dennis Lauf1 = 00:11:28 (39) - Rad = 00:32:49 (19) - Lauf2 = 00:23:54 (38)	78	RC Olympia Bünde e.V.	TM40	3	1:08:11
26	25	Bullerdiek, Frank Lauf1 = 00:11:56 (58) - Rad = 00:32:03 (13) - Lauf2 = 00:24:31 (48)	63	Velo Westerstede	TM55	1	1:08:30

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Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
27	26	Böhmman, Andreas Lauf1 = 00:11:33 (42) - Rad = 00:34:03 (26) - Lauf2 = 00:23:22 (29)	75	ESV "Tri Team" Edeweicht	TM40	4	1:08:58
28	27	Telkemeier, Frederik Lauf1 = 00:10:51 (26) - Rad = 00:34:54 (35) - Lauf2 = 00:23:16 (28)	99	SuS Darne 1926 e.V. - Tri	mJun	3	1:09:01
29	28	Dierkes, Frank Lauf1 = 00:11:24 (38) - Rad = 00:35:05 (41) - Lauf2 = 00:22:40 (25)	63	MTV Wittmund	TM55	2	1:09:09
30	29	Kessen, Peter Lauf1 = 00:11:47 (54) - Rad = 00:33:17 (20) - Lauf2 = 00:24:32 (49)	62	Blau Weiß Lohne	TM55	3	1:09:36
31	30	Sievert, Daniel Lauf1 = 00:10:46 (25) - Rad = 00:36:26 (67) - Lauf2 = 00:22:30 (23)	88		TM30	6	1:09:42
32	31	Glose, Frank Lauf1 = 00:11:49 (55) - Rad = 00:34:11 (27) - Lauf2 = 00:24:05 (41)	66	TuS Bersenbrück von 1895	TM50	4	1:10:05
33	2	Wiegmann, Sarah Lauf1 = 00:10:44 (20) - Rad = 00:37:02 (72) - Lauf2 = 00:22:24 (20)	82		TW35	1	1:10:10
34	32	Witte, Daniel Lauf1 = 00:11:09 (33) - Rad = 00:35:03 (40) - Lauf2 = 00:24:11 (43)	86	Fortuna Logabirum	TM30	7	1:10:23
35	33	Schädler, Jens Lauf1 = 00:12:22 (69) - Rad = 00:34:36 (33) - Lauf2 = 00:23:30 (31)	60		TM55	4	1:10:28
36	34	Einhaus, Patrick Lauf1 = 00:10:11 (14) - Rad = 00:37:21 (77) - Lauf2 = 00:22:57 (26)	89	Garrel	TM25	3	1:10:29
37	35	Bruske, Detlef Lauf1 = 00:11:12 (34) - Rad = 00:35:36 (47) - Lauf2 = 00:23:51 (37)	66	Turnverein Concordia von	TM50	5	1:10:39
38	36	Frohns, Torben Lauf1 = 00:11:54 (56) - Rad = 00:34:38 (34) - Lauf2 = 00:24:23 (45)	99	DDMC Solling e.V.	mJun	4	1:10:55
39	37	Feuerhelm, Kevin Lauf1 = 00:11:41 (49) - Rad = 00:36:51 (69) - Lauf2 = 00:22:24 (21)	91	Vfl Lingen	TM25	4	1:10:56
40	38	Boße, Martin Lauf1 = 00:12:08 (64) - Rad = 00:34:19 (28) - Lauf2 = 00:24:30 (47)	63	TuS Bersenbrück von 1895	TM55	5	1:10:57
41	39	Kankel, Jens Lauf1 = 00:12:29 (71) - Rad = 00:31:46 (11) - Lauf2 = 00:26:59 (79)	66	1. Triathlon Club Oldenbu	TM50	6	1:11:14
42	40	Varenkamp, Lars Lauf1 = 00:10:44 (21) - Rad = 00:35:58 (53) - Lauf2 = 00:24:34 (50)	74		TM40	5	1:11:16
43	3	Schmidt, Katharina Lauf1 = 00:11:38 (47) - Rad = 00:36:06 (56) - Lauf2 = 00:23:38 (33)	93		TW25	1	1:11:22
44	41	Taha, Tarek Lauf1 = 00:10:45 (24) - Rad = 00:38:20 (92) - Lauf2 = 00:22:19 (18)	99		mJun	5	1:11:24
45	42	Munk, Thomas Lauf1 = 00:11:32 (40) - Rad = 00:35:05 (42) - Lauf2 = 00:24:54 (53)	68	Rhauderfehn	TM50	7	1:11:31
46	43	Burchard, Alexander Lauf1 = 00:12:07 (63) - Rad = 00:35:33 (46) - Lauf2 = 00:23:54 (39)	73		TM45	3	1:11:34
47	44	Eckholt, Klaus Lauf1 = 00:11:19 (36) - Rad = 00:36:14 (60) - Lauf2 = 00:24:02 (40)	80	DJK Füchtel Vechta e.V.	TM35	5	1:11:35
48	4	Parulewski, Nicole Lauf1 = 00:11:33 (43) - Rad = 00:36:24 (66) - Lauf2 = 00:23:40 (34)	76		TW40	2	1:11:37
49	45	Ecker, Kai-Uwe Lauf1 = 00:11:40 (48) - Rad = 00:35:00 (39) - Lauf2 = 00:25:13 (60)	66	LC Hansa Stuhr Triwölfe	TM50	8	1:11:53
50	5	König, Anna Lauf1 = 00:11:23 (37) - Rad = 00:36:16 (61) - Lauf2 = 00:24:40 (51)	00	1. Triathlon Club Oldenbu	wJun	1	1:12:19
51	6	Hackmann, Lidia Lauf1 = 00:11:03 (31) - Rad = 00:36:01 (55) - Lauf2 = 00:25:31 (64)	00	1. Triathlon Club Oldenbu	wJun	2	1:12:35
52	46	Kramer, Volker Lauf1 = 00:11:32 (41) - Rad = 00:36:58 (70) - Lauf2 = 00:24:07 (42)	71		TM45	4	1:12:37

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Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
53	47	Jehle, Frank	66	DLRG Wiefelstede	TM50	9	1:12:39
		Lauf1 = 00:11:45 (51) - Rad = 00:35:55 (52) - Lauf2 = 00:24:59 (57)					
54	48	Bakenhus, Dirk	79	Oldenburg	TM35	6	1:12:41
		Lauf1 = 00:12:02 (60) - Rad = 00:35:43 (48) - Lauf2 = 00:24:56 (54)					
55	49	Stoll, Matthias	76		TM40	6	1:12:45
		Lauf1 = 00:11:45 (52) - Rad = 00:37:28 (82) - Lauf2 = 00:23:32 (32)					
56	50	Beckmann, Niklas	00	1.Triathlon Club Oldenbur	mJun	6	1:13:19
		Lauf1 = 00:12:35 (74) - Rad = 00:34:55 (37) - Lauf2 = 00:25:49 (65)					
57	7	Imhoff, Rieke	90	MTV Aurich 1862 e.V.	TW25	2	1:13:34
		Lauf1 = 00:12:06 (61) - Rad = 00:35:59 (54) - Lauf2 = 00:25:29 (63)					
58	51	Sobaszkievicz, Marc	92	LP-Racing Team	TM25	5	1:13:38
		Lauf1 = 00:12:06 (62) - Rad = 00:36:07 (58) - Lauf2 = 00:25:25 (62)					
59	8	Lammers, Kira	90		TW25	3	1:14:02
		Lauf1 = 00:11:36 (45) - Rad = 00:38:01 (86) - Lauf2 = 00:24:25 (46)					
60	52	Diephaus, Tobias	73	LON Vechta	TM45	5	1:14:11
		Lauf1 = 00:11:16 (35) - Rad = 00:39:07 (107) - Lauf2 = 00:23:48 (36)					
61	53	Hamann, Kim	77		TM40	7	1:14:25
		Lauf1 = 00:11:54 (57) - Rad = 00:36:20 (64) - Lauf2 = 00:26:11 (71)					
62	54	Baumgartner, Michael	78		TM40	8	1:14:58
		Lauf1 = 00:12:29 (72) - Rad = 00:37:23 (79) - Lauf2 = 00:25:06 (59)					
63	55	Käter, Leonard	01		mJA	1	1:15:12
		Lauf1 = 00:12:21 (68) - Rad = 00:37:54 (84) - Lauf2 = 00:24:57 (55)					
64	9	Lischewski, Tanja	69	Team Laufrausch e.V., Old	TW45	1	1:15:19
		Lauf1 = 00:12:08 (65) - Rad = 00:38:25 (94) - Lauf2 = 00:24:46 (52)					
65	56	Rohe, Christian	91		TM25	6	1:15:32
		Lauf1 = 00:12:35 (75) - Rad = 00:34:54 (36) - Lauf2 = 00:28:03 (95)					
66	57	Hermes, Ingo	73	Auszeit Wildeshausen	TM45	6	1:15:42
		Lauf1 = 00:13:07 (87) - Rad = 00:34:56 (38) - Lauf2 = 00:27:39 (90)					
67	58	Gloddek, Bertrand	61	Sportverein Union Meppen	TM55	6	1:15:43
		Lauf1 = 00:13:21 (90) - Rad = 00:36:22 (65) - Lauf2 = 00:26:00 (67)					
68	59	Moormann, Hartmut	67	SV Emstek e.V.	TM50	10	1:15:49
		Lauf1 = 00:12:54 (79) - Rad = 00:36:16 (62) - Lauf2 = 00:26:39 (76)					
69	60	Kreutzmann, Stefan	84	SC Schwarz-Weiß Bakum e.	TM30	8	1:15:57
		Lauf1 = 00:11:44 (50) - Rad = 00:38:04 (87) - Lauf2 = 00:26:09 (69)					
70	61	Carstensen, LG	68		TM50	11	1:16:03
		Lauf1 = 00:12:53 (78) - Rad = 00:37:16 (76) - Lauf2 = 00:25:54 (66)					
71	10	Timmerevers, Theresa	94	Hannover 96	TW20	1	1:16:18
		Lauf1 = 00:13:06 (86) - Rad = 00:38:10 (91) - Lauf2 = 00:25:02 (58)					
72	62	Krüßel, Peter	81	Eagles of Tri	TM35	7	1:16:22
		Lauf1 = 00:12:49 (77) - Rad = 00:36:07 (59) - Lauf2 = 00:27:26 (87)					
73	11	Werner, Tasja	82	1. Triathlon Club Oldenbu	TW35	2	1:16:34
		Lauf1 = 00:12:24 (70) - Rad = 00:37:00 (71) - Lauf2 = 00:27:10 (83)					
74	63	Bachmann, Ralf	70	Emder Laufgemeinschaft e.	TM45	7	1:16:45
		Lauf1 = 00:13:28 (93) - Rad = 00:35:27 (43) - Lauf2 = 00:27:50 (92)					
75	64	Gruschka, Jannis	99	SV Molbergen e.V. von 192	mJun	7	1:17:14
		Lauf1 = 00:12:33 (73) - Rad = 00:39:43 (118) - Lauf2 = 00:24:58 (56)					
76	65	Kähler, Hinrich	57	SV Concordia Langen e.V.	TM60	1	1:17:18
		Lauf1 = 00:13:25 (91) - Rad = 00:36:19 (63) - Lauf2 = 00:27:34 (89)					
77	66	Schmidt, Ulrich	58	TuS Bersenbrück	TM60	2	1:17:46
		Lauf1 = 00:13:18 (89) - Rad = 00:36:06 (57) - Lauf2 = 00:28:22 (98)					
78	67	Horn, Volker	67	Team Laufrausch e.V., Old	TM50	12	1:18:09
		Lauf1 = 00:12:45 (76) - Rad = 00:38:46 (101) - Lauf2 = 00:26:38 (75)					

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Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
79	68	Meyer, Leon	99	Auszeit Wildeshausen	mJun	8	1:18:13
		Lauf1 = 00:13:49 (111) - Rad = 00:37:27 (80) - Lauf2 = 00:26:57 (78)					
80	69	Mahlke, Jonas	88		TM30	9	1:18:17
		Lauf1 = 00:13:51 (112) - Rad = 00:35:29 (44) - Lauf2 = 00:28:57 (107)					
81	70	Müller, Mathias	67	Auszeit Wildeshausen	TM50	13	1:18:25
		Lauf1 = 00:12:56 (80) - Rad = 00:38:08 (88) - Lauf2 = 00:27:21 (86)					
82	71	Lammers, Andreas	55		TM60	3	1:18:25
		Lauf1 = 00:14:00 (118) - Rad = 00:35:32 (45) - Lauf2 = 00:28:53 (106)					
83	72	Wessjohann, Christof	64		TM50	14	1:18:35
		Lauf1 = 00:13:05 (84) - Rad = 00:39:20 (111) - Lauf2 = 00:26:10 (70)					
84	73	Revermann, Tobias	72	Löningen	TM45	8	1:18:36
		Lauf1 = 00:13:28 (94) - Rad = 00:38:08 (89) - Lauf2 = 00:27:00 (81)					
85	12	Friesenborg, Monika	69	Emder Laufgemeinschaft e.	TW45	2	1:18:42
		Lauf1 = 00:13:48 (108) - Rad = 00:37:05 (74) - Lauf2 = 00:27:49 (91)					
86	13	Amegashie, Carolin	76	SuS Darne 1926 e.V.	TW40	3	1:18:44
		Lauf1 = 00:13:32 (98) - Rad = 00:38:32 (96) - Lauf2 = 00:26:40 (77)					
87	74	Aufderheide, Nico	99		mJun	9	1:18:55
		Lauf1 = 00:10:53 (28) - Rad = 00:34:32 (31) - Lauf2 = 00:33:30 (152)					
88	75	Steinhoff, Michael	68	Team PIRATE / Lauffreunde	TM50	15	1:19:07
		Lauf1 = 00:13:17 (88) - Rad = 00:38:21 (93) - Lauf2 = 00:27:29 (88)					
89	76	Raker, Volker	73	BV Varrelbusch e.V.	TM45	9	1:19:08
		Lauf1 = 00:12:14 (66) - Rad = 00:40:52 (135) - Lauf2 = 00:26:02 (68)					
90	14	Lohmann, Kerstin	88	Bröring	TW30	1	1:19:12
		Lauf1 = 00:11:59 (59) - Rad = 00:40:42 (133) - Lauf2 = 00:26:31 (73)					
91	77	Cölsmann, Andreas	69	Vareler TB Triathlon	TM45	10	1:19:20
		Lauf1 = 00:14:03 (122) - Rad = 00:36:38 (68) - Lauf2 = 00:28:39 (103)					
92	78	Rabbels, Christoph	72	Team Laufrausch e.V.	TM45	11	1:19:51
		Lauf1 = 00:13:41 (104) - Rad = 00:37:31 (83) - Lauf2 = 00:28:39 (104)					
93	15	Peters, Malaika	02	Haselünner Sportverein e	wJA	1	1:19:55
		Lauf1 = 00:12:16 (67) - Rad = 00:39:25 (114) - Lauf2 = 00:28:14 (97)					
94	79	Pott, Lino	96	HaSe Team Sande	TM20	4	1:19:57
		Lauf1 = 00:13:03 (81) - Rad = 00:40:20 (127) - Lauf2 = 00:26:34 (74)					
95	80	Ott, Ingo	65	Auszeit Wildeshausen	TM50	16	1:20:00
		Lauf1 = 00:14:02 (121) - Rad = 00:37:21 (78) - Lauf2 = 00:28:37 (102)					
96	81	Winkelmann, Ralf	65	Norder Turnverein von 186	TM50	17	1:20:05
		Lauf1 = 00:14:27 (127) - Rad = 00:35:49 (51) - Lauf2 = 00:29:49 (114)					
97	82	Rempe, Timo	01		mJA	2	1:20:13
		Lauf1 = 00:13:56 (117) - Rad = 00:39:58 (124) - Lauf2 = 00:26:19 (72)					
98	83	Wittje, Heiko	63		TM55	7	1:20:20
		Lauf1 = 00:13:46 (106) - Rad = 00:00:01 (1) - Lauf2 = 01:06:33 (176)					
99	84	Budke, Michael	89		TM25	7	1:20:34
		Lauf1 = 00:13:28 (95) - Rad = 00:38:00 (85) - Lauf2 = 00:29:06 (108)					
100	85	Casser, Matthis	98	VfL Löningen	TM20	5	1:20:40
		Lauf1 = 00:10:57 (29) - Rad = 00:38:38 (98) - Lauf2 = 00:31:05 (131)					
101	86	Malter, Thorsten	70	Emder Laufgemeinschaft e.	TM45	12	1:20:42
		Lauf1 = 00:13:43 (105) - Rad = 00:37:04 (73) - Lauf2 = 00:29:55 (117)					
102	87	Zietlow, Jürgen	68	Bundeswehr	TM50	18	1:20:58
		Lauf1 = 00:13:34 (102) - Rad = 00:38:56 (104) - Lauf2 = 00:28:28 (100)					
103	16	Backhaus, Swantje	80	Auszeit Wildeshausen	TW35	3	1:21:09
		Lauf1 = 00:13:33 (100) - Rad = 00:38:45 (99) - Lauf2 = 00:28:51 (105)					
104	88	Winter, Markus	77		TM40	9	1:21:10
		Lauf1 = 00:13:04 (82) - Rad = 00:38:57 (105) - Lauf2 = 00:29:09 (109)					

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Platz	M/W	Name, Vormame	JG	Verein	Klasse	KP	Zeit
105	17	Herwig, Maike Lauf1 = 00:14:09 (124) - Rad = 00:39:58 (125) - Lauf2 = 00:27:17 (85)	69	TSG Hatten-Sandkrug e.V.	TW45	3	1:21:24
106	18	Klotz, Susanne Lauf1 = 00:10:44 (22) - Rad = 00:39:01 (106) - Lauf2 = 00:32:01 (141)	71	Turnverein Rodenkirchen 1	TW45	4	1:21:46
107	19	Werner, Christel Lauf1 = 00:13:46 (107) - Rad = 00:38:33 (97) - Lauf2 = 00:29:32 (113)	84		TW30	2	1:21:51
108	89	Kruse, Lukas Lauf1 = 00:13:04 (83) - Rad = 00:40:24 (130) - Lauf2 = 00:28:28 (101)	00		mJun	10	1:21:56
109	20	Lasius, Janne Lauf1 = 00:13:27 (92) - Rad = 00:40:20 (128) - Lauf2 = 00:28:23 (99)	91		TW25	4	1:22:10
110	90	Finke, Thilo Lauf1 = 00:14:23 (126) - Rad = 00:40:55 (136) - Lauf2 = 00:27:15 (84)	70	Sigiltra Sögel	TM45	13	1:22:33
111	91	Messer, Florian Lauf1 = 00:13:05 (85) - Rad = 00:44:07 (162) - Lauf2 = 00:25:24 (61)	70		TM45	14	1:22:36
112	21	Kern, Martina Lauf1 = 00:13:33 (101) - Rad = 00:42:09 (151) - Lauf2 = 00:26:59 (80)	64	Auszeit Wildeshausen	TW50	1	1:22:41
113	22	Kniffki, Vanessa Lauf1 = 00:13:32 (99) - Rad = 00:41:27 (141) - Lauf2 = 00:27:55 (93)	90	Auszeit Wildeshausen	TW25	5	1:22:54
114	92	Meißler, Frank Lauf1 = 00:14:55 (132) - Rad = 00:37:06 (75) - Lauf2 = 00:31:11 (132)	73	SCR Langholt	TM45	15	1:23:12
115	93	Möllmann, Werner Lauf1 = 00:13:30 (96) - Rad = 00:41:53 (148) - Lauf2 = 00:28:01 (94)	57	OSC Damme	TM60	4	1:23:24
116	23	Mutter, Anne Lauf1 = 00:13:54 (113) - Rad = 00:40:09 (126) - Lauf2 = 00:29:22 (110)	77		TW40	4	1:23:25
117	24	Löffler, Heike Lauf1 = 00:14:53 (131) - Rad = 00:41:29 (143) - Lauf2 = 00:27:03 (82)	86	1. TCO Die Bären	TW30	3	1:23:25
118	25	Burrey, Angelique Lauf1 = 00:13:48 (109) - Rad = 00:40:23 (129) - Lauf2 = 00:29:24 (111)	96		TW20	2	1:23:35
119	26	Bittner-Hellbernd, Sandra Lauf1 = 00:15:01 (136) - Rad = 00:38:08 (90) - Lauf2 = 00:30:40 (125)	77	TuS Blau-Weiß Lohne Tria	TW40	5	1:23:49
120	94	Detjen, Peter Lauf1 = 00:14:37 (129) - Rad = 00:39:16 (110) - Lauf2 = 00:29:59 (118)	62	ESV "Tri Team" Edeweicht	TM55	8	1:23:52
121	95	Heibel, Frank Lauf1 = 00:14:58 (135) - Rad = 00:39:07 (108) - Lauf2 = 00:30:04 (120)	61		TM55	9	1:24:09
122	96	Anneken, Ludger Lauf1 = 00:15:18 (145) - Rad = 00:38:31 (95) - Lauf2 = 00:30:24 (124)	61		TM55	10	1:24:13
123	97	Claassen, Philipp Lauf1 = 00:13:54 (114) - Rad = 00:42:21 (153) - Lauf2 = 00:28:09 (96)	74	SV Harkebrügge von 1920	TM40	10	1:24:24
124	27	Heymann, Heike Lauf1 = 00:14:56 (134) - Rad = 00:39:44 (119) - Lauf2 = 00:29:52 (116)	77	DLRG Lathen e.V.	TW40	6	1:24:32
125	98	Klose, Michael Lauf1 = 00:14:32 (128) - Rad = 00:37:27 (81) - Lauf2 = 00:32:39 (148)	64		TM50	19	1:24:38
126	99	Meier, Thomas Lauf1 = 00:55:00 (176) - Rad = 00:00:01 (2) - Lauf2 = 00:29:50 (115)	71	Avangard Omsk	TM45	16	1:24:51
127	100	Hempfen, Rüdiger Lauf1 = 00:13:31 (97) - Rad = 00:41:52 (147) - Lauf2 = 00:29:29 (112)	73		TM45	17	1:24:52
128	28	Hacke, Friederike Lauf1 = 00:14:12 (125) - Rad = 00:39:48 (120) - Lauf2 = 00:30:59 (128)	93	Hase-Team	TW25	6	1:24:59
129	29	Stühmeier, Corinna Lauf1 = 00:14:00 (119) - Rad = 00:39:20 (112) - Lauf2 = 00:31:45 (135)	91		TW25	7	1:25:05
130	30	Rollie, Elvira Lauf1 = 00:11:37 (46) - Rad = 00:41:17 (139) - Lauf2 = 00:32:13 (143)	66	Auszeit Wildeshausen	TW50	2	1:25:07

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Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
131	31	Kühling, Julia Lauf1 = 00:13:55 (116) - Rad = 00:39:48 (121) - Lauf2 = 00:31:48 (137)	75	Blau Weiß Lohne	TW40	7	1:25:31
132	101	Trampe, Roy Lauf1 = 00:13:48 (110) - Rad = 00:39:56 (123) - Lauf2 = 00:31:48 (138)	67	Auszeit Wildeshausen	TM50	20	1:25:32
133	32	Rheinländer, Rebecca Lauf1 = 00:13:54 (115) - Rad = 00:39:21 (113) - Lauf2 = 00:32:20 (144)	95		TW20	3	1:25:35
134	102	Müller, Friedel Lauf1 = 00:13:36 (103) - Rad = 00:41:55 (149) - Lauf2 = 00:30:12 (122)	76	Sparta Werlte	TM40	11	1:25:43
135	103	Ostertag, Frank Lauf1 = 00:15:22 (147) - Rad = 00:41:14 (138) - Lauf2 = 00:30:04 (121)	67		TM50	21	1:26:40
136	104	Springer, Jürgen Lauf1 = 00:15:14 (143) - Rad = 00:38:55 (103) - Lauf2 = 00:32:37 (147)	58	Auszeit Wildeshausen	TM60	5	1:26:46
137	105	Fortmann, Ulrich Lauf1 = 00:16:18 (163) - Rad = 00:39:33 (117) - Lauf2 = 00:31:03 (129)	66	Oldenburger Schwimmverein	TM50	22	1:26:54
138	106	Yudi, Lauti Lauf1 = 00:14:01 (120) - Rad = 00:41:23 (140) - Lauf2 = 00:31:36 (133)	01		mJA	3	1:27:00
139	107	Kück, Matthias Lauf1 = 00:15:20 (146) - Rad = 00:39:26 (115) - Lauf2 = 00:32:29 (145)	61	Auszeit Wildeshausen	TM55	11	1:27:15
140	108	Hirschmann, Martin Lauf1 = 00:14:55 (133) - Rad = 00:43:05 (157) - Lauf2 = 00:30:02 (119)	65		TM50	23	1:28:02
141	33	Krampe, Lena Lauf1 = 00:15:12 (142) - Rad = 00:42:37 (156) - Lauf2 = 00:30:18 (123)	96		TW20	4	1:28:07
142	34	Bonin, Farina Lauf1 = 00:15:04 (138) - Rad = 00:41:35 (145) - Lauf2 = 00:31:37 (134)	97		TW20	5	1:28:16
143	35	Bockhorst, Kathrin Lauf1 = 00:15:36 (154) - Rad = 00:38:54 (102) - Lauf2 = 00:33:59 (157)	79	SV Emstek e.V.	TW35	4	1:28:29
144	36	Grambart-Fiefeick, Manuel Lauf1 = 00:15:11 (140) - Rad = 00:41:33 (144) - Lauf2 = 00:31:47 (136)	72		TW45	5	1:28:31
145	37	Rheinländer, Nicole Lauf1 = 00:15:28 (151) - Rad = 00:41:09 (137) - Lauf2 = 00:31:59 (140)	63		TW55	1	1:28:36
146	109	Langkrär, Ingo Lauf1 = 00:15:47 (157) - Rad = 00:40:49 (134) - Lauf2 = 00:32:05 (142)	61	SF Wüstring-Altmoorhausen	TM55	12	1:28:41
147	110	Schwarmann, Andreas Lauf1 = 00:16:04 (159) - Rad = 00:39:07 (109) - Lauf2 = 00:33:57 (155)	71	Auszeit Wildeshausen	TM45	18	1:29:08
148	111	Werner, Jan-Mark Lauf1 = 00:15:49 (158) - Rad = 00:39:28 (116) - Lauf2 = 00:33:58 (156)	92	BV Varrelbusch e.V.	TM25	8	1:29:15
149	38	Tonn, Julia Lauf1 = 00:15:01 (137) - Rad = 00:41:27 (142) - Lauf2 = 00:32:49 (149)	99	Auszeit Wildeshausen	wJun	3	1:29:17
150	112	Günther, Björn Lauf1 = 00:16:38 (166) - Rad = 00:39:51 (122) - Lauf2 = 00:33:02 (151)	91	Auszeit Wildeshausen	TM25	9	1:29:31
151	113	Knüppel, Horst Lauf1 = 00:16:07 (160) - Rad = 00:42:10 (152) - Lauf2 = 00:31:52 (139)	42		TM75	1	1:30:09
152	39	Peters, Christina Lauf1 = 00:15:27 (150) - Rad = 00:42:08 (150) - Lauf2 = 00:32:35 (146)	69	Norder Turnverein von 186	TW45	6	1:30:10
153	40	Krampe, Marie Lauf1 = 00:15:05 (139) - Rad = 00:41:38 (146) - Lauf2 = 00:33:48 (153)	98		TW20	6	1:30:31
154	41	Hasselberg, Britta Lauf1 = 00:16:32 (164) - Rad = 00:43:39 (159) - Lauf2 = 00:30:50 (127)	73	Auszeit Wildeshausen	TW45	7	1:31:01
155	114	Hacke, Paul Lauf1 = 00:14:04 (123) - Rad = 00:46:26 (172) - Lauf2 = 00:30:40 (126)	95	HaSe Team Sande	TM20	6	1:31:10
156	115	Pfahl, Martin Lauf1 = 00:15:42 (156) - Rad = 00:40:41 (132) - Lauf2 = 00:35:01 (161)	55	Auszeit Wildeshausen	TM60	6	1:31:24

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Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
157	42	Raker, Kerstin	76		TW40	8	1:31:55
		Lauf1 = 00:16:08 (161) - Rad = 00:44:43 (167) - Lauf2 = 00:31:04 (130)					
158	116	Holznagel, Lothar	61	OTSV Pr. Oldenburg e.V.	TM55	13	1:32:00
		Lauf1 = 00:15:11 (141) - Rad = 00:42:32 (155) - Lauf2 = 00:34:17 (158)					
159	43	Tapken, Mechthild	67	Auszeit Wildeshausen	TW50	3	1:32:34
		Lauf1 = 00:15:25 (148) - Rad = 00:44:20 (164) - Lauf2 = 00:32:49 (150)					
160	44	Jöckel, Daria	92	Auszeit Wildeshausen	TW25	8	1:33:50
		Lauf1 = 00:15:26 (149) - Rad = 00:44:34 (166) - Lauf2 = 00:33:50 (154)					
161	45	Hacke, Dörte	64	HaSe Team Sande	TW50	4	1:34:15
		Lauf1 = 00:15:41 (155) - Rad = 00:43:06 (158) - Lauf2 = 00:35:28 (163)					
162	46	Beckmann, Katrin	71	1. Triathlon Club Oldenbu	TW45	8	1:34:29
		Lauf1 = 00:18:11 (173) - Rad = 00:38:45 (100) - Lauf2 = 00:37:33 (171)					
163	47	Friedrich, Kerstin	58	Auszeit Wildeshausen	TW60	1	1:34:36
		Lauf1 = 00:17:01 (171) - Rad = 00:40:27 (131) - Lauf2 = 00:37:08 (169)					
164	48	Rassel, Monika	69		TW45	9	1:34:44
		Lauf1 = 00:16:14 (162) - Rad = 00:42:21 (154) - Lauf2 = 00:36:09 (166)					
165	49	Tepe, Stephanie	94		TW20	7	1:35:11
		Lauf1 = 00:15:29 (152) - Rad = 00:43:44 (160) - Lauf2 = 00:35:58 (164)					
166	50	Kleffmüller, Christa	63	Turnverein Concordia von	TW55	2	1:35:43
		Lauf1 = 00:16:43 (167) - Rad = 00:44:14 (163) - Lauf2 = 00:34:46 (160)					
167	51	Peters, Daniela	71	Haselünner Sportverein e	TW45	10	1:35:56
		Lauf1 = 00:15:16 (144) - Rad = 00:43:55 (161) - Lauf2 = 00:36:45 (167)					
168	52	Kreye, Edith	55		TW60	2	1:36:10
		Lauf1 = 00:16:36 (165) - Rad = 00:44:28 (165) - Lauf2 = 00:35:06 (162)					
169	53	Dasenbrock, Corina	69	Auszeit Wildeshausen	TW45	11	1:39:47
		Lauf1 = 00:16:45 (168) - Rad = 00:45:22 (168) - Lauf2 = 00:37:40 (172)					
170	117	Tangemann, Jacob	87	Bröring	TM30	10	1:39:54
		Lauf1 = 00:15:32 (153) - Rad = 00:46:04 (171) - Lauf2 = 00:38:18 (173)					
171	54	Rüdebusch, Anne	83	Auszeit Wildeshausen	TW35	5	1:42:23
		Lauf1 = 00:16:53 (169) - Rad = 00:48:33 (174) - Lauf2 = 00:36:57 (168)					
172	55	Spanjer, Trijnie	56	GVAV Triathlon Groningen	TW60	3	1:42:28
		Lauf1 = 00:18:07 (172) - Rad = 00:48:16 (173) - Lauf2 = 00:36:05 (165)					
173	56	Kniffki, Saskia	88	Auszeit Wildeshausen	TW30	4	1:42:46
		Lauf1 = 00:16:55 (170) - Rad = 00:48:33 (175) - Lauf2 = 00:37:18 (170)					
174	57	Lubasch, Johanna Sophie	93	w Auszeit Wildeshausen	TW25	9	1:42:57
		Lauf1 = 00:18:27 (174) - Rad = 00:45:34 (170) - Lauf2 = 00:38:56 (174)					
175	58	Mühlbauer, Nathalie	96		TW20	8	1:45:26
		Lauf1 = 00:14:41 (130) - Rad = 00:56:19 (176) - Lauf2 = 00:34:26 (159)					
176	59	Dasenbrock, Frauke	95	Auszeit Wildeshausen	TW20	9	1:47:58
		Lauf1 = 00:23:16 (175) - Rad = 00:45:31 (169) - Lauf2 = 00:39:11 (175)					